



# NIPPERS

## Skills Evaluation Day

**20 SEPTEMBER - 9am - 12pm**

Every nipper is required to complete a pool swim evaluation along with a surf swim evaluation prior to commencing our program, to ensure their safety in the water.

**NO POOL SWIM = NO SURF START**

**POOL SWIM - SWIMFIT COOLUM**

9.00am - 9.30am - Under 8 & Under 9  
9.30am - 10.00am - Under 10 & Under 11  
10.00am - 10.30am - Under 12 & Under 13

**SURF EVALUATION - MARCOOLA BEACH**

9.45am - 10.30am - Under 8 & Under 9  
10.30am - 11.15am - Under 10 & Under 11  
11.15am - 12.00pm - Under 12 & Under 13

Notes: Times are a guide only, in attempt to ensure the day runs smoothly. We will try to accomodate families with nippers in mulitple age groups where possible. Nippers please be sure to bring along your own googles, rash vests and nipper caps. Due to covid restrictions sharing will not be allowed!

Under 14's are not required to complete a Pool Swim or Surf Evaluation on this day, it will be completed as part of their SRC training week.





If you are unable to attend the Pool Swim, Amanda Janssen will be available to conduct pool swims at Coolum Swimfit each Wednesday from 5.15pm to 6pm from 7 October for the duration of the school term. Pool entry is to be paid by the participant. Please send a courtesy text to Amanda, 0448895500 to let her know prior to attending.



## Surf Life Saving Queensland

### Junior Activities Preliminary Pool Evaluation Endorsement

Name of child: .....

Club: .....

I ..... have witnessed the above child complete the Preliminary Pool Evaluation to the following standard:

AGE GROUP (Please Tick)	SWIM	FLOAT	Float (C/NYC) *	Pool Swim Time
<input type="checkbox"/> Under 6	Kick on the wall – face in the water	30 second		
<input type="checkbox"/> Under 7	Torpedo (push off the wall) face in the water	30 second		
<input type="checkbox"/> Under 8	25 metres (freestyle)	1 minute		
<input type="checkbox"/> Under 9	50 metres (freestyle)	1 minute		
<input type="checkbox"/> Under 10	50 metres (freestyle)	1.5 minute		
<input type="checkbox"/> Under 11	100 metres (freestyle)	2 minute		
<input type="checkbox"/> Under 12	100 metres (freestyle)	2 minute		
<input type="checkbox"/> Under 13	150 metres (freestyle)	3 minute		
<input type="checkbox"/> Under 14	200 metres (freestyle) in less than 5 minutes	3 minute		

\* C = Competent, NYC = Not Yet Competent

I am aware that the information contained on this form will be used as formal proficiency testing information for Surf Life Saving Queensland Junior Activities Programs and any inaccurate recordings could result in a potentially dangerous situation for the named child, Surf Life Saving Club, and Surf Life Saving Queensland. I confirm the above information is recorded as true and accurate.

I understand that I must provide proof of my CURRENT accreditation for the award to be processed. I have attached and/or supplied a photocopy of my current:

- Bronze Accredited Swim Coach
- Surf Coach Accreditation
- AUSTSWIM Instructor Accreditation

Signed: ..... Date: .....

Name:.....

Updated June 2012