



NIPPERS

2023/24

Program

6:45am Set Up Team Arrive
 7:15am Nippers arrive & sign on
 7:30am Briefing
 7:50am Program Starts - Session 1
 10:20am Program Concludes - Session 6
 10:25am Pack Up - BBQ Available

Note: There will be a 5 minute transition between each session

Session 1: 7:50am - 8:10am
 Session 2: 8:15am - 8:35am
 Session 3: 8:40am - 9:00am
 Session 4: 9:05am - 9:25am
 Session 5: 9:30am - 9:50am
 Session 6: 9:55am - 10:20am

Age Group Responsibilities

Dates	Set Up & Pack Up	BBQ	Program Rotation
1 Oct	U9	U12	1
8 Oct	U10	U11	2
15 Oct	U11	U10	3
22 Oct	U12	U9	1
29 Oct	U13	U8	2
5 Nov	U8	U13	3
12 Nov	U9	U12	1
19 Nov	U10	U11	2
26 Nov	U11	U10	3
3 Dec	U12	U9	1
10 Dec - 21 Jan Xmas Break - No Nippers			
28 Jan	U13	U8	3
4 Feb	U8	U13	1
11 Feb	U9	U12	2
18 Feb	U10	U11	3
25 Feb	U11	U10	1
3 Mar	U12	U9	2

Note: U8's will not participate in Boards, this rotation will be a surf skills rotation

Program Rotation 1

	U8	U9	U10	U11	U12	U13
Swim / Wades	1	1	1	1	1	1
Sprints	2	2	2	2	2	2
Boards	3	3	3	3	3	3
Flags	4	4	4	4	4	4
Surfing	5	5	5	5	5	5
Surf Awareness	6	6	6	6	6	6

Program Rotation 2

	U8	U9	U10	U11	U12	U13
Swim / Wades	6	5	4	3	2	1
Sprints	1	6	5	4	3	2
Boards	2	1	6	5	4	3
Flags	3	2	1	6	5	4
Surfing	4	3	2	1	6	5
Surf Awareness	5	4	3	2	1	6

Program Rotation 3

	U8	U9	U10	U11	U12	U13
Swim / Wades	5	4	3	2	1	6
Sprints	6	5	4	3	2	1
Boards	1	6	5	4	3	2
Flags	2	1	6	5	4	3
Surfing	3	2	1	6	5	4
Surf Awareness	4	3	2	1	6	5

Contacts

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Social Media

Closed Group profiles

📘 Marcoola SLSC
 Marcoola Youth
 Marcoola Nippers

Send a request to join the groups that apply to you

Public Profiles

📘 Marcoola Surf Life Saving Club

📷 @marcoolaslsc